



Archdiocese of Milwaukee

Safeguarding All of God's Family

Religious Education Curriculum

Lesson: K4 – K5

Concept: Learns that the body is a gift from God. Follows Grade Specific Religious Education Curriculum concept under Creedal Church and Moral Life.

Goals of this lesson: This lesson is designed to assist the child in learning that the body is a gift from God, and to learn ways to keep themselves safe.

Preparation: Photocopy the handout on Private Parts for each student.

Prayer:

Leader: Dear God, I know that you love me.

Children: Dear God, I know that you love me.

Leader: Dear God, I know that you watch over me.

Children: Dear God, I know that you watch over me.

Leader: Dear God, I know that you keep me safe.

Children: Dear God, I know that you keep me safe.

All: Amen

After prayer begin lesson by reading:

My body is a gift from God. Everyone has a body. Your body belongs to you. You own it. Because it's your body, it's important to keep it safe. Most of the time grownups keep you safe. But there are things you can do to help yourself stay safe.

After you read this to the children pass out the handout to be colored.

Explain to the class that the private and special parts of the body are the areas that are covered by the child's bathing suit. These are the parts of the body that belong to only them. The only ones who are allowed to see those body parts are the child, the parents, doctors, nurses, etc...

Discussion: Ask the questions below, and have children brainstorm the answers.

- 1) Who helps keep you safe? (example: parents, aunts, uncles, teachers, nurses, doctors, police etc....)
- 2) How do they keep you safe? (example: When you cross the street, mom or dad holds your hand or when it is lightning outside mom or dad makes you come in the house)
- 3) How do you keep yourself safe? (example: I don't run out into the street.)

Have the children with your help write down 3 people they each identify that help keep them safe.