



Archdiocese of Milwaukee

Safeguarding All of God's Family

Religious Education Curriculum

Lesson: Fourth Grade

Concept: Can define bullying and recognize it when it occurs. Follows Grade Specific Religious Education Curriculum concept under Moral life.

Goals of this lesson: Can identify bullying and knows that he or she can talk to someone when not feeling safe.

Teacher: Ask the following questions:

- 1) What is bullying?
- 2) Why do some children bully?
- 3) Why is bullying harmful?

Activity: Words can hurt. Out loud, have the class list words that come to mind when they think of bullying. Let them know these can be words that the bully uses, or the target feels. (The Target is the person being bullied.) You may use the attached “Teen Tools” sheet for reference. As they say the words, write them on a black board or large piece of paper so the entire class can see them. Take only a few minutes to do this. When you have a list of at least 10 to 20 words or phrases have the children write a short story or poem (may include pictures) about bullying, using as many of the words as possible. Have the children read their stories or poems to the class. **This should be voluntary.**

Note: If you have too many children in the class, you can pair them for the writing part of this activity.

Teacher: Tell the children that they should never join in when someone else is being bullied and that they should always try to help another child being who is being bullied. Otherwise it's the same as supporting the bully and that doing nothing to stop the situation means that they're saying it's okay.

Closing prayer:

Dear Lord, Thank you for giving me the ability to express myself. May my words and actions serve to do no harm and good to others. Amen.