

# Archdiocese of Milwaukee *Safeguarding All of God's Family* *Religious Education Curriculum*

## Lesson: Second Grade

**Concept:** Recognizes that he or she can talk to someone when not feeling safe. Follows Grade Specific Religious Education Curriculum under Moral Life.

**Goals of this lesson:** Child can distinguish between feeling comfortable and uncomfortable with different kinds of secrets. Child can identify who they can go to for help.

**Preparation:** Make copies of handout for each child.

### Prayer:

Leader: Dear God, Thank you for creating those around me who love and care for me.

**Children: Dear God, Thank you for creating those around me who love and care for me.**

Leader: Dear God, Thank you for giving me the ability to know who I can turn to for help.

**Children: Dear God, Thank you for giving me the ability to know who I can turn to for help.**

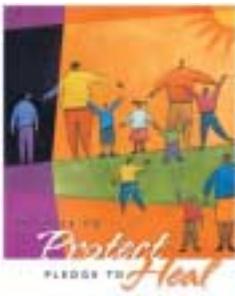
**All: Amen**

### Activity 1:

**Please read aloud to children:** *A secret is something somebody tells you not to tell anyone else. If someone tells you to keep a secret that scares you or hurts you, you need to tell an adult you trust. Do you remember who helps you stay safe?*

Read the following examples of secrets and have the children identify if it is a secret that would make them feel comfortable or uncomfortable, safe or unsafe.

1. Your mom tells you that she is going to have a surprise birthday party for your brother and that you have to keep it a secret so he doesn't find out and so he will be surprised.
2. You buy a Christmas present for your mother 3 weeks early and don't want her to know what it is.



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3. Your best friend gives you a piece of bubble gum and tells you he stole it from the grocery store, and doesn't want to you tell anyone.
4. Your brother tells you he broke the neighbor's window playing baseball in the backyard and not to tell anyone because he is afraid to get into trouble.
5. Your mother tells you that your grandparents are coming for a surprise visit and not to tell your dad so he will be surprised.
6. Someone touches you in a way that makes you feel uncomfortable and asks you not to tell anyone.

### **Activity 2:**

**Please tell the children:** *Helpers are people we go to when we have a problem.*

Ask the children who the people are in their lives who help them. Who can they go to and tell about a secret that is making them feel uncomfortable?

Make a list of the answers on the chalkboard. Take about 10 minutes for this. After you have made the list, distribute the copies of the handout to the children.

With your help, have children identify three people they can tell if someone asks them to keep a secret that makes them feel uncomfortable and unsafe. Let them know it is sometimes scary to tell, but they will feel better when they tell someone who believes them. They should keep telling until someone believes them.