

First Communion Requirements **2019/2020**

There are **five requirements** for the reception of First Communion:

1. Submission of child's Baptismal Certificate (not a birth certificate).
2. Reception of the Sacrament of First Reconciliation with a Catholic priest.
3. Parish Membership at St. Anne is required before Sacraments are received here – please see Steve Fredriksson. at the information desk after 9:15 am Mass to learn how you can join our parish.
4. A child must know the difference between ordinary bread and extraordinary Eucharist.
 - Children must recognize that Holy Communion is not like regular food; they must be able to distinguish the difference.
5. A child must believe that the Host is really and truly Jesus. He gives His Whole Self to us in the Eucharist -- ***Body, Blood, Soul, and Divinity***.
 - Children must believe that the Host is Jesus; they need not understand or explain His Real Presence, but they must believe in it (so must we!)

Attending our retreats make numbers 4 and 5 easy for parents and children to accomplish. Please don't miss these opportunities to discover the richness of the Sacraments! Please add the following dates to your calendar and make these events a priority for you and your child.

- **November 10th** | First Reconciliation Parent Orientation Meeting at 8 am or 10:30 am
- **November 23rd** | First Reconciliation Retreat for parent and child to attend together 1 – 4 pm. **This retreat is required.**
- **January 15th** | Celebration of the Sacrament of Reconciliation at 6 pm.
- **February 8th at 4 pm or 9th at 10:30 am** | First Communion Parent Orientation Meeting
- **February 21st or 22nd** | First Communion Retreat # 1 for parent and child to attend together 1 – 4 pm. **This retreat is required.**
- **March 28th or 29th** | First Communion Retreat #2 for parent and child to attend together 1 – 4 pm. **This retreat is required.**

Amended by Mary Mowry, DRE 4/11/19